

## **Welcome to Integral Therapy, Inc.**

I am looking forward to continuing to serve my clients and their families in my therapy and yoga studio. It continues to be my goal to better support the needs of my clients. I am here to provide you with the tools to help you navigate a better future. My life purpose has been to change the way people view mental health by educating them about the integration between health, psychology and yoga.

### **Integral Therapy, Inc.**

**5133 Washington Suite 6**

**Downers Grove, IL 60515**

**Phone: 630-398-1023**

Parking and handicapped parking is available on the East side of the building. You can enter the building on the North end which faces Curtiss St.

For scheduling appointments  
please contact Stacey at  
630-398-1023  
[stacey@integral-therapy.net](mailto:stacey@integral-therapy.net)